

**Winslow Township School District**  
**Grade 1**  
**Unit 4: Social and Sexual Health**

**Overview:** All students will acquire knowledge about the physical, emotional, and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle.

Overview	Standards for Social & Sexual Health	Unit Focus	Essential Questions
<b>Unit 4: Social and Sexual Health</b>	<ul style="list-style-type: none"> <li>• 2.1.2.SSH.1</li> <li>• 2.1.2.SSH.2</li> <li>• 2.1.2.SSH.3</li> <li>• 2.1.2.SSH.4</li> <li>• 2.1.2.SSH.5</li> <li>• 2.1.2.SSH.6</li> <li>• 2.1.2.SSH.7</li> <li>• 2.1.2.SSH.8</li> <li>• WIDA1</li> </ul>	<ul style="list-style-type: none"> <li>• Students will compare and contrast different kinds of families locally and globally.</li> <li>• Students will distinguish the roles and responsibilities of different family members.</li> <li>• Students will determine the factors that contribute to healthy relationships.</li> <li>• Students will compare and contrast the physical differences and similarities between the sexes.</li> <li>• Explain the factors that contribute to a mother having a healthy baby.</li> </ul>	<ul style="list-style-type: none"> <li>• What are some examples of different kinds of families locally and globally?</li> <li>• What are some different roles and responsibilities that different family members might have?</li> <li>• What are factors that contribute to healthy relationships?</li> <li>• What are factors that contribute to a mother having a healthy baby?</li> </ul>
<b>Unit 4: Enduring Understandings</b>	<ul style="list-style-type: none"> <li>• Relationships are the connections people have with each other. The family provides the first opportunity for a person to develop relationship skills. Every family is different, but all families provide the foundation for future relationships. As individuals mature, they seek out different relationships with peers, colleagues, and loved ones.</li> <li>• Tolerance, appreciation and understanding of individual difference are necessary in order to establish healthy relationships.</li> <li>• Through social networking, people even establish relationships with individuals they have never met. We now live in a world where families and relationships are constantly changing and where global communication systems have extended friendships and relationships across the miles.</li> </ul>		<ul style="list-style-type: none"> <li>• What are factors that contribute to a mother having a healthy baby?</li> </ul>

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Curriculum Unit 4	Standards		Pacing	
			Week	Unit Weeks
	2.1.2.SSH.1	Discuss how individuals make their own choices about how to express themselves.	1	9
	2.1.2.SSH.2	Discuss the range of ways people express their gender and how gender-role stereotypes may limit behavior.	1	
	2.1.2.SSH.3	Describe different kinds of families locally, nationally and globally and note similarities in the ways in which they keep their children safe.	1	
	2.1.2.SSH.4	Determine the factors that contribute to healthy relationships within a family.	1	
	2.1.2.SSH.5	Identify basic social needs of all people.	.5	
	2.1.2.SSH.6	Determine the factors that contribute to healthy relationships.	.5	
	2.1.2.SSH.7	Explain healthy ways for friends to express feelings for and to one another.	1	
	2.1.2.SSH.8	Demonstrate healthy ways to respond to disagreements or conflicts with others (e.g., leave, talk to trusted adults, tell a sibling or peer).	1	
	2.1.2.SSH.9	Define bullying and teasing and explain why they are wrong and harmful.	1	
	Assessment, Re-teach and Extension		1	

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Unit 4 Grade 1		
Core Idea	Indicator #	Performance Expectations
Every individual has unique skills and qualities, which can include the activities they enjoy such as how they may dress, their mannerisms, things they like to do.	2.1.2.SSH.1	Discuss how individuals make their own choices about how to express themselves.
	2.1.2.SSH.2	Discuss the range of ways people express their gender and how gender-role stereotypes may limit behavior.
Families shape the way we think about our bodies, our health and our behaviors.	2.1.2.SSH.3	Describe different kinds of families locally, nationally and globally and note similarities in the ways in which they keep their children safe.
	2.1.2.SSH.4	Determine the factors that contribute to healthy relationships within a family.
People have relationships with others in the local community and beyond.	2.1.2.SSH.5	Identify basic social needs of all people.
	2.1.2.SSH.6	Determine the factors that contribute to healthy relationships.
Communication is the basis for strengthening relationships and resolving conflict between people.	2.1.2.SSH.7	Explain healthy ways for friends to express feelings for and to one another.
Conflicts between people occur, and there are effective ways to resolve them.	2.1.2.SSH.8	Demonstrate healthy ways to respond to disagreements or conflicts with others (e.g., leave, talk to trusted adults, tell a sibling or peer).
	2.1.2.SSH.9	Define bullying and teasing and explain why they are wrong and harmful.

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Unit 4 Grade 1	
Assessment Plan	
<p>Performance Tasks:            Ability to follow rules, classroom activities, individual, partner and group activities.</p>	<p>Alternative Assessments:</p> <ul style="list-style-type: none"> <li>Teacher observation, participation, skill grade</li> </ul>
Resources	Activities
<ul style="list-style-type: none"> <li>Here's Looking at You 2000 Drug Education Curriculum</li> <li><a href="https://jr.brainpop.com/">https://jr.brainpop.com/</a></li> <li><a href="http://www.pecentral.org">http://www.pecentral.org</a></li> <li><a href="https://classroom.kidshealth.org">https://classroom.kidshealth.org</a></li> <li><a href="https://www.pinterest.com/explore/health-lessons">https://www.pinterest.com/explore/health-lessons</a></li> <li><a href="http://www.learntobehealthy.org/kids/">http://www.learntobehealthy.org/kids/</a></li> </ul> <p><b>Diversity, Equity &amp; Inclusion Educational Resources</b>  <a href="https://www.nj.gov/education/standards/dei/">https://www.nj.gov/education/standards/dei/</a></p>	<p>2.1.2.SSH.1</p> <ul style="list-style-type: none"> <li>SW brainstorm how decisions can determine different outcomes, how it can be a positive choice or negative choice</li> </ul> <p>2.1.2.SSH.2</p> <ul style="list-style-type: none"> <li>Discuss that everybody's body is unique and not the same.</li> <li>Students will create a presentation discussing how everybody is unique.</li> </ul> <p>2.1.2.SSH.3</p> <ul style="list-style-type: none"> <li>Students identify the members of their family.</li> <li>Students will define: what is a family, how am I a member of a family, and in what ways do families look different by illustrating or bringing in pictures.</li> <li>Students watch a video about the roles of different family members.</li> <li>As a class, compare and contrast different kinds of families locally and globally.</li> </ul> <p>2.1.2.SSH.4</p> <ul style="list-style-type: none"> <li>List the factors that contribute to healthy relationships within a family.</li> </ul>

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	<p>2.1.2.SSH.5</p> <ul style="list-style-type: none"><li>• Students will brainstorm and list the basic social needs of all people.</li></ul> <p>2.1.2.SSH.6</p> <ul style="list-style-type: none"><li>• Students will list the factors that contribute to healthy relationships.</li></ul> <p>2.1.2.SSH.7</p> <ul style="list-style-type: none"><li>• Students will brainstorm and role play healthy ways for friends to express feelings for and to one another.</li></ul> <p>2.1.2.SSH.8</p> <ul style="list-style-type: none"><li>• Students will list healthy ways to respond to disagreements or conflicts with others (e.g., leave, talk to trusted adults, tell a sibling or peer).</li></ul> <p>2.1.2.SSH.9</p> <ul style="list-style-type: none"><li>• Students will define bullying and teasing and explain why they are wrong and harmful.</li></ul>
<p><b>Instructional Best Practices and Exemplars</b></p>	
<ol style="list-style-type: none"><li>1. Identifying similarities and differences</li><li>2. Summarizing and note taking</li><li>3. Reinforcing effort and providing recognition</li><li>4. Homework and practice</li><li>5. Nonlinguistic representations</li></ol>	<ol style="list-style-type: none"><li>6. Cooperative learning</li><li>7. Setting objectives and providing feedback</li><li>8. Generating and testing hypotheses</li><li>9. Cues, questions, and advance organizers</li><li>10. Manage response rates</li></ol>

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**9.1 Personal Financial Literacy, 9.2 Career Awareness, Exploration, Preparation and Training & 9.4 Life Literacies and Key Skills**

- 9.1.2.CR.1: Recognize ways to volunteer in the classroom, school and community.
- 9.4.2.CI.1: Demonstrate openness to new ideas and perspectives (e.g., 1.1.2.CR1a, 2.1.2.EH.1, 6.1.2.CivicsCM.2).
- 9.4.2.CT.2: Identify possible approaches and resources to execute a plan (e.g., 1.2.2.CR1b, 8.2.2.ED.3).
- 9.4.2.DC.3: Explain how to be safe online and follow safe practices when using the internet (e.g., 8.1.2.NI.3, 8.1.2.NI.4).

The implementation of the 21st Century skills and standards for students of the Winslow Township District is infused in an interdisciplinary format in a variety of curriculum areas that include, English language Arts, Mathematics, School Guidance, Social Studies, Technology, Visual and Performing Arts, Science, Physical Education and Health, and World Language.

Additional opportunities to address 9.1, 9.2 & 9.4:

**Philadelphia Mint**

<https://www.usmint.gov/learn/kids/resources/educational-standards>

**Different ways to teach Financial Literacy.**

<https://www.makeuseof.com/tag/10-interactive-financial-websites-teach-kids-money-management-skills/>

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**Modifications for Special Education/504**

***Students with special needs:*** The students' needs will be addressed on an individual and grade level using a variety of modalities. Accommodations will be made for those students who need extra time to complete assignment. Support staff will be available to aid students related to IEP specifications. 504 accommodations will also be attended to by all instructional leaders. Physical expectations and modifications, alternative assessments, and scaffolding strategies will be used to support this learning. The use of Universal Design for Learning (UDL) will be considered for all students as teaching strategies are considered. Additional safety precautions will be made along with additional staff so all student can fully participate in the standards associated with this Health curriculum.

- Small group instruction
- Audio books/ Text-to-speech platforms
- Leveled texts/Vocabulary Readers
- Leveled informational texts via online
- Modeling and guided practice
- Read directions aloud
- Repeat, rephrase and clarify directions
- Extended time as needed
- Break down assignments into smaller units
- Provide shortened assignments
- Modify testing format
- Repeat directions as needed

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**Modifications for At-Risk Students**

Formative and summative data will be used to monitor student success. At first signs of failure, student work will be reviewed to determine support. This may include parent consultation, basic skills review and differentiation strategies. With considerations to UDL, time may be a factor in overcoming developmental considerations

- Increase one on one time
- Teachers may modify instructions by modeling what the student is expected to do
- Review behavior expectations and adjust as needed.
- Oral prompts can be given.
- Using visual demonstrations, illustrations, and models
- Give directions/instructions verbally and in simple written format.
- Peer Support

**English Language Learners**

All WIDA Can Do Descriptors can be found at this link:  
<https://wida.wisc.edu/teach/can-do/descriptors>

- Grade 1 WIDA Can Do Descriptors:
  - Listening  Speaking
  - Reading  Writing
  - Oral Language

Students will be provided with accommodations and modifications that may include:

- Relate to and identify commonalities in health practices in students home country
- Speak and display terminology and movement
- Teacher Modeling
- Peer Modeling
- Label Classroom Materials - Word Walls

**Modifications for Gifted Students**

Students excelling in mastery of standards will be challenged with complex, high level challenges related to the topic.

- Students can complete extend research outside of the classroom
- Inquiry-based instruction
- Independent study
- Higher order thinking skills
- Adjusting the pace of lessons
- Interest based content
- Project Based Learning
- Real world scenarios
- Student Driven Instruction
- ❖ [Gifted Programming Standards](#)
- ❖ [Webb's Depth of Knowledge Levels and/or Revised Bloom's Taxonomy](#)
- ❖ [REVISED Bloom's Taxonomy Action Verbs](#)



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**Interdisciplinary Connections**

ELA - NJSLS/ELA:

NJSLSA.SL.5. Make strategic use of digital media and visual displays of data to express information and enhance understanding of presentations.

RI.1.1. Ask and answer questions about key details in a text.

RI.1.2. Identify the main topic and retell key details of a text.

SL.1.1. Participate in collaborative conversations with diverse partners about grade 1 topics and texts with peers and adults in small and larger groups. A. Follow agreed-upon norms for discussions (e.g., listening to others with care, speaking one at a time about the topics and texts under discussion).

W.1.6. With guidance and support from adults, use a variety of digital tools to produce and publish writing, including in collaboration with peers.

**Integration of Computer Science and Design Thinking NJSLS 8**

8.1.2.CS.1: Select and operate computing devices that perform a variety of tasks accurately and quickly based on user needs and preferences.

8.1.2.DA.2: Store, copy, search, retrieve, modify, and delete data using a computing device.

8.1.2.DA.4: Make predictions based on data using charts or graphs.